

Annual  
Report

2020

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DIVISION FOR ANTI-DOPING  
CROATIAN INSTITUTE OF PUBLIC  
HEALTH (CIPH)

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## **INTRODUCTION**

As of January 1, 2019, with the entry into force of the Healthcare Act (Official Gazette 100/2018), and in accordance with the provision of Article 274, the Croatian Institute of Public Health (hereinafter referred to as the CIPH) has assumed all obligations and activities of the Croatian Institute for Toxicology and Anti-Doping (hereinafter referred to as CITA). In this transition, CITA Department for Anti-Doping is positioned as Division for Anti-Doping within the Croatian Institute of Public Health (hereinafter referred to as the CIPH Division for Anti-Doping).

The main goal of the CIPH Division for Anti-Doping is to protect the fundamental right of athletes to engage in doping-free sport and thus promote health, fairness and equality for all athletes.

This goal is achieved through creation and implementation of harmonized, uniformed and effective anti-doping programs at national and international levels.

In pursuing the goal, through its Division for Anti-Doping, CIPH proposes and implements measures in the fight against doping, applies the CIPH Anti-Doping Rules, the provisions of the UNESCO Convention, the WADA (World Anti-Doping Agency) Code, rules of international sports federations and the International Olympic Committee, and conducts systematic monitoring and coordination of activities of government and non-governmental organizations.

In the fight against doping, CIPH cooperates with the Ministry of Health, the Ministry of Science and Education, the Central State Office for Sports (according to the new organizational scheme: Office for Sports at the Ministry of Tourism and Sports), the Ministry of the Interior, the State Attorney's Office, the Office of the Ombudsman for Children, the Ministry of Foreign and European Affairs, Ministry of Culture—UNESCO Office, the Agency for Medicinal Products and Medical Devices of Croatia and national anti-doping organizations from other countries.

CIPH's non-governmental partners in the fight against doping in sport are UNESCO, WADA, the European Council, iNADO, the Croatian Olympic Committee, the Croatian Paralympic Committee, the Croatian Olympic Committee's Health Commission, the University of Zagreb School of Medicine, the Croatian Medical Chamber, the University of Zagreb Faculty of Kinesiology, the Croatian Olympic Academy, the Croatian School Sports Federation, UEFA and other international and national sports federations and clubs.

In 2020, CIPH Division for Anti-Doping was active in seven main areas:

1. Legal framework implementation and improvement
2. Conducting doping controls, investigations and results management
3. Doping prevention
4. International cooperation
5. Therapeutic Use Exemptions
6. Medicine and science
7. Premises and equipment maintenance.

## **1. LEGAL FRAMEWORK IMPLEMENTATION AND IMPROVEMENT**

Since 2019, as a legal successor of the CITA, CIPH has become bound by the WADA Code. A Contract has been signed between WADA and CIPH regarding the use of the ADAMS system.

During 2020, the Division for Anti-Doping operated within the framework of the CIPH Anti-Doping Rules. Additional Rules and Rules of Procedure essential for the operations of the Division for Anti-Doping, were as follows: Rules on Doping Control, Rules on Accreditation, Re-accreditation and Supervision of the Work of the Doping Control Officers, Rules on Therapeutic Use Exemptions, Hearing panel and Appeal panel Rules of Procedure and Science Council Rules of Procedure. The Mandate Councils, established for the implementation of anti-doping activities were as follows: TUE Committees, Hearing Panel, Appeal Panel and Science Council.

### *Harmonization of anti-doping documents with the new anti-doping regulations*

In late 2020, for harmonization with the new anti-doping regulations, new anti-doping documents were approved and entered into force on January 1, 2021: Anti-Doping Rules (which replaced the Rules on the Fight Against Doping), Rules on Therapeutic Use Exemptions (which replaced the Rules on the Approval of TUEs), Hearing Panel Rules of Procedure (which replaced Hearing Panel and Appeal Panel Rules of Procedure).

In 2020, based on the Rules on the Fight Against Doping, the CIPH Division for Anti-Doping implemented the provisions of the WADA Code, of the International Standard for Therapeutic Use Exemptions, the International Standard for Testing and Investigations, the International Standard for the Protection of Privacy and Personal Information, the International Standard for Laboratories, the 2020 Prohibited List and the International Standard on Code Compliance.

Throughout 2020, many meetings organized by CEADO (Central European Anti-Doping Organization) were held online. CEADO members are anti-doping organizations of Austria (NADA Austria), Hungary (HUNADO), Poland (POLADA), Slovakia (SADA), Slovenia

(SLOADO), Serbia (ADAS) and Croatia (CIPH). In late 2020, CEADO welcomed the Czech Anti-Doping Committee as its new member. Due to the COVID-19 pandemic, no meetings were scheduled for various anti-doping events.

In cooperation with the Central State Office for Sports, consultations were held regarding the inquiries from various bodies associated with sports and anti-doping. Consultations were also held regarding the report of the Advisory Group on Compliance to the Anti-Doping Convention of the Council of Europe, with the purpose of fulfilling the obligations towards the Council of Europe Anti-Doping Convention and the WADA Code.

Based on the Council of Europe's and WADA's monitoring visit reports, the activities for ensuring compliance with the Convention continued. It was proposed, a Working Group for anti-doping policy coordination should be set up, in order to effectively share information and plan an anti-doping strategy at the level of government and non-governmental bodies involved in sports development and/or doping issues in the Republic of Croatia. The activities associated with the coordination of anti-doping policies in line with the framework set out by the compliance Monitoring Group of the Council of Europe are planned according to the specific goal 6.1.6 of the 2019-2026 National Sports Program.

## **2. DOPING CONTROLS, INVESTIGATIONS AND RESULTS MANAGEMENT**

In accordance with international trends in the fight against doping, when planning and implementing testing, we are increasingly relying on data collected from various sources related to the possible use of prohibited substances and means.

In 2020, testing was conducted in accordance with the revised Test Distribution Plan, in accordance with WADA's Technical Document for Sport Specific Analysis.

### **Testing**

The 2020 Test Distribution Plan was created in accordance with Article 4.2 of the WADA International Standard for Testing and Investigations, in which risk factors for each sport were estimated, taking into account the history of doping and the popularity of certain sports in the Republic of Croatia. Based on experience from previous years, an increased number of testing is planned in sports with the highest estimated likelihood of doping. WADA's Technical Document for Sport Specific Analysis (TDSSA2020) was consistently applied in the Test Distribution Plan. Furthermore, increased testing was planned for 2020, as it was supposed to be an Olympic year.

Due to the pandemic that marked 2020, many competitions were cancelled, as well as the Olympic Games. This compelled us to revise our Test Distribution Plan and adjust it to the new situation.

In the national program, a total of 402 doping controls were conducted in 2020, of which 248 In-Competition and 154 Out-of-Competition. Twenty-one blood analyses and 381 urine analyses (as biological material) were conducted. In addition, 16 blood samples were collected for biological passports.

Eighty-five tests for exogenous administration of erythropoiesis-stimulating agents, 65 tests for exogenous administration of growth hormone release factors, and 21 tests for exogenous administration of growth hormone were performed.

*Doping controls in the national program*

<b>SPORTS/DISCIPLINES</b>	<b>IN-COMPETITION</b>	<b>OUT-OF-COMPETITION</b>	<b>TOTAL</b>	<b>ESA</b>	<b>GH</b>	<b>GHRF</b>
<b>Sprint swimming</b>	6	2	<b>8</b>	2	0	0
<b>Middle-distance swimming</b>	8	4	<b>12</b>	6	0	0
<b>Long-distance swimming</b>	1	7	<b>8</b>	8	0	0
<b>Water polo</b>	14	2	<b>16</b>	2	2	2
<b>Athletics - Jumping</b>	7	4	<b>11</b>	1	1	1
<b>Athletics - Long-distance</b>	8	13	<b>21</b>	16	1	3
<b>Athletics - Middle-distance</b>	4	0	<b>4</b>	1	0	1
<b>Athletics - Sprint</b>	4	0	<b>4</b>	1	0	0
<b>Athletics - Throwing</b>	12	15	<b>27</b>	3	1	9
<b>Cycling</b>	0	2	<b>2</b>	0	1	1
<b>Gymnastics</b>	3	15	<b>18</b>	3	2	3
<b>Karate</b>	6	12	<b>18</b>	2	2	3
<b>Powerlifting</b>	2	0	<b>2</b>	0	0	2
<b>Kickboxing</b>	0	0	<b>0</b>	0	0	0
<b>Rowing</b>	5	9	<b>14</b>	9	0	2
<b>Sailing</b>	0	9	<b>9</b>	0	0	0
<b>Boxing</b>	12	7	<b>19</b>	3	2	2
<b>Shooting</b>	0	15	<b>15</b>	0	0	0
<b>Judo</b>	6	10	<b>16</b>	2	2	2
<b>Taekwondo</b>	0	10	<b>10</b>	3	1	3
<b>Diving</b>	5	0	<b>5</b>	1	0	1
<b>Volleyball</b>	10	0	<b>10</b>	2	0	2
<b>Football</b>	60	0	<b>60</b>	4	2	6
<b>Wrestling</b>	6	11	<b>17</b>	3	2	3
<b>Handball</b>	28	0	<b>28</b>	5	2	5
<b>Basketball</b>	24	0	<b>24</b>	4	0	4
<b>Table tennis</b>	7	4	<b>11</b>	1	0	1
<b>Kayak canoe</b>	0	2	<b>2</b>	1	0	1
<b>Bodybuilding</b>	3	0	<b>3</b>	0	0	3
<b>Bocce ball</b>	0	1	<b>1</b>	0	0	0
<b>Athletics - Paralympic athletes</b>	4	0	<b>4</b>	1	0	4
<b>Arm wrestling</b>	3	0	<b>3</b>	1	0	1
<b>TOTAL</b>	248	154	<b>402</b>	85	21	65
<b>ABP</b>		16	<b>16</b>			



As part of the international cooperation, a total of 57 doping controls were conducted, 45 of which In-Competition, and 12 Out-of-Competition. Fifty-six urine (as biological material) tests and 1 blood test were performed.

*Doping controls at international sport events in Croatia*

<b>SPORT</b>	<b>IN-COMPETITION</b>	<b>OUT-OF-COMPETITION</b>	<b>TOTAL</b>	<b>BLOOD</b>	<b>URINE</b>
<b>Volleyball</b>	4	0	<b>4</b>	0	4
<b>Athletics</b>	8	0	<b>8</b>	0	8
<b>Kickboxing</b>	0	3	<b>3</b>	0	3
<b>Water polo</b>	2	3	<b>5</b>	0	5
<b>Fencing</b>	2	0	<b>2</b>	0	2
<b>Judo</b>	28	0	<b>28</b>	0	28
<b>Swimming</b>	0	2	<b>2</b>	0	2
<b>Taekwondo</b>	0	4	<b>4</b>	1	3
<b>Diving</b>	1	0	<b>1</b>	0	1
<b>TOTAL</b>	45	12	<b>57</b>	1	56

The CIPH Division for Anti-Doping has continued the implementation of the ABP Steroidal Module, a highly reliable tool for detecting the lowest concentrations of exogenously administered substances from the S1 Class (anabolic steroids), which are non-specified substances.

In concordance with WADA and Seibersdorf Laboratory, ABP Haematological Module was introduced in late 2017. In 2020, eight athletes have been included in the ABP Haematological Module program.

**Registered Testing Pool**

At the beginning of the year, 46 athletes were included in the Registered Testing Pool. Athletes were provided with assistance in delivering their whereabouts information, education, and support via telephone. WADA's Technical Document for Sport Specific Analysis was applied to the Registered Testing Pool in accordance with the Test Distribution Plan.

## **Doping Control Officers**

Supervision of the work of the Doping Control Officers is carried out throughout the year, with monitoring of fieldwork and doping control forms.

On October 21<sup>st</sup> and 22<sup>nd</sup>, 2020 in Zagreb, a training course was held for new Doping Control Officers.

## **Program testing support**

Monitoring of sport specific analyses was enabled by the usage of the APLIKAT program.

## **Sample management**

In order to strengthen the chain of custody and maintain the highest possible quality of samples for analysis, in addition to existing measures of holding samples and a storage and warning system, additional procedures for improving the quality of samples during transport using portable cool boxes with data logger is secured in accordance with the provisions of the International Standard for Testing and Investigations.

## **Investigations and data collection**

Unit for Collection, Evaluation and Usage of Data related to anti-doping rule violations has been integrated into the Testing and Investigation Department of the Division for Anti-Doping of the Croatian Institute of Public Health.

Website of the Division for Anti-Doping includes a “Speak up” portal, where all interested parties can anonymously report a violation of anti-doping rules. Hopefully, athletes, sports officials and sports fans in Croatia will use this option to report doping and thus contribute to the fight for clean sports.

The Unit for Collection, Evaluation and Usage of Data related to anti-doping rule violations continuously monitors athletes and athlete support personnel for which information exist on possible anti-doping rule violation. Conclusions are made based on the collected data, with

subsequent proceedings and measures which include testing of athletes In-Competition and Out-of-Competition, additional monitoring of athletes and athlete support personnel, and inclusion in the CIPH Registered Testing Pool.

### **Whereabouts failures**

The proceedings for three missed tests that happened in 2019 were concluded in 2020.

### **Results management**

#### **Hearing panel**

As part of the results management, two sessions of the CIPH Hearing Panel were held.

In 2020, four athletes tested positive for prohibited substances. Two athletes were imposed with a period of ineligibility of four years for violation of Article 2.1 of the Rules. Disciplinary proceedings before the CIPH Hearing Panel were initiated for one athlete. One athlete's case is currently under revision.

In 2020, the CIPH Hearing Panel held two (2) sessions due to violations of the CIPH Anti-Doping Rules:

*Table: Sessions of the Hearing Panel*

Session date	Sport	Perpetrator	Type and category of substances from the List	Disciplinary measure	Violated Article of the Rules	Note
11/26/2020 SP 01/20	Bodybuilding	Athlete	Dehydrochloromethy ltestosterone metabolites (S1.1), Stanozolol (S1.1)	4 years of ineligibility	2.1	
11/26/2020 SP 02/20	Bodybuilding	Athlete	Clenbuterol (S1.2), Methandienone metabolites (S1.1), 19-norandrosterone (Nandrolone metabolite) (S1.1)	4 years of ineligibility	2.1	

## **The Appeal Panel**

There were no CIPH Appeal Panel sessions in 2020.

### **3. DOPING PREVENTION**

As in the previous year, we continued to inform and educate target groups on the harmful consequences of doping and the applicable regulations. Target groups were athletes from the Registered Testing Pool, professional athletes, athletes competing in top leagues, international athletes, athletes from “sports at risk”, Olympic candidates, and other participants in top sport (coaches, physicians, physiotherapists, etc.). The education was performed in form of lectures, through the Athlete Outreach Program, the NE!DOPINGU magazine, our website, brochures and flyers, and other activities.

Due to the COVID-19 pandemic, there were significant difficulties in implementing the planned program. In order to mitigate the spread of the epidemic, gatherings and assemblies were prohibited. In 2020, all sports activities were suspended, including professional sports. This affected the possibilities for organising and providing education through lectures and the Athlete Outreach program. For the same reason, there was an increase in the use of our website (as a platform for informing the sports community) for athletes' education purposes. Online education in Croatian language was also provided on the ADeL (WADA Alpha Program) platform. Additionally, individual consultations were held for athletes and the sports community via telephone and e-mail.

#### **Lectures**

During 2020, a total of twenty-six (26) lectures were held, and approximately 760 people participated in this form of education. In addition to the athletes, the education also included teachers, students, coaches, lawyers, judges, doctors and Doping Control Officers.

#### *Lectures for sports communities in cities and counties*

During 2020, the CIPH Division for Anti-Doping organized lectures for sports communities in cities and counties. In cooperation with the Sports Community of the Osijek-Baranja County and the Sports Community of Zadar city, lectures were held for athletes and athlete personnel, sport clubs and federations. These lectures aimed to include different sports on a regional level, in order to educate on anti-doping as many as possible athletes from different

age groups and different competition levels. We plan to continue conducting these lectures in the future.

*Lectures held in 2020 by categories*

<b>TYPE OF LECTURE / LEVEL</b>	<b>NUMBER OF LECTURES</b>	<b>NUMBER OF PARTICIPANTS</b>
NATIONAL LEVEL	6	216
INTERNATIONAL LEVEL (REPRESENTATION)	1	35
YOUNG ATHLETES	5	125
NON-SPECIFIC*	14	383
<b>TOTAL</b>	<b>26</b>	<b>759</b>

\* Target groups including coaches, lawyers, judges, doctors, pharmacists, students, Doping Control Officers

*Lectures held in 2020 by sports*

<b>SPORT</b>	<b>TOTAL NUMBER OF ACTIVITIES</b>
Football	7
Hockey	3
Handball	2
Cycling	1
Competitive dancing	1
Other sports (sports communities of cities)	2

*Cooperation with the Health Commission of the Croatian Olympic Committee*

In the reporting period, the established good cooperation with the Health Commission of the Croatian Olympic Committee continued. Through this cooperation, we presented the 2020 Prohibited List, with an overview of all the current trends in the field of anti-doping in Croatia and worldwide, and special testing requirements during the COVID-19 pandemic.

## **Athlete Outreach**

In the same period, one (1) Athlete Outreach Program was implemented, with a total of two (2) completed Athlete Outreach Days, providing education for about 50 people.

<b>SPORT</b>	<b>TOTAL NUMBER OF ACTIVITIES*</b>
Boxing	2

\* Expressed in days of the implemented activities (Athlete Outreach days)

## **Printed materials**

The 2020 Prohibited list was printed at the end of 2019, with a total of 1,500 copies in standard format. It was distributed to users in January 2020. The List could have been found on the Institute's website since December 2019.

At the end of 2020, the 2021 Prohibited list was prepared and printed, with a total of 1,500 copies in standard format.

During 2020, three (3) issues of the NE!DOPINGU magazine were published in 600 copies. The magazine was distributed to national federations, sports clubs, schools, health institutions, athletes, sports officials and members of the committees within the CIPH Division for Anti-Doping.

During 2020, in cooperation with the CIPH Department for Food Supplements and Biologically Active Compounds, information leaflets were prepared and printed for raising awareness on the harmful effects of doping, and possibilities for education and informing on dietary supplements.

## **Online education programs**

In cooperation with WADA, the Division for Anti-Doping implemented promotional activities for the Athlete Learning Program about Health and Anti-Doping (ALPHA). The ALPHA online education program in Croatian language has been available to athletes and other persons interested in online education on anti-doping on the website of the CIPH Division for Anti-Doping since 2017. It is a program designed for comprehensive education of athletes in the field of anti-doping, which includes a knowledge assessment and

certification. The Croatian version of the ALPHA program has been set up on the ADeL (Anti-Doping e-Learning) platform. This platform enabled monitoring of applicants in the ALPHA program, which is a significant parameter in measuring the interest of athletes and the sports community in the field of anti-doping.

#### *New education programs*

Due to the amendments of the anti-doping regulations (2021 Code and the related International Standards), ADeL ceased to be active at the end of 2020. In cooperation with WADA, priorities for online education have been set on a new online platform, ADEL (Anti-Doping Education and Learning), that will be available to athletes and sports community as of January 2021.

#### **Website**

The website of the CIPH Division for Anti-Doping was actively used for continuous quality information and education of all participants in sport. Athletes and all interested participants in sport were given access to a List of Registered Medicines in Croatia containing some of the substances on the Prohibited list. This List is continuously updated on a monthly base in cooperation with the Croatian Agency for Medicinal Products and Medical Devices. In 2020, the List of Registered Medicines in Croatia was uploaded on our website also in the form of a search engine, which facilitates finding a specific entry.

On the website, we have also provided support for all other segments of anti-doping activities (education, Therapeutic Use Exemptions, legislation, brochures, etc.). A WADA video explaining the doping control procedure with Croatian translation is also uploaded on the website.

In late 2020, all relevant documents associated with the new anti-doping regulations were published on the website of the CIPH Division for Anti-Doping (The Code, Anti-Doping Rules, and all International Standards: 2021 Prohibited List, International Standard for Testing and Investigations, International Standard for Laboratories, International Standard for Therapeutic Use Exemptions, International Standard for the Protection of Privacy and



Personal Information, International Standard for Code Compliance by Signatories, International Standard for Education, and International Standard for Results Management).

### **Platforms for the secure transmission of confidential information**

Throughout 2020, we continued to use of the system for applying for Therapeutic Use Exemptions and reporting suspicions related to the use of doping, as these are sensitive areas where it is particularly necessary to protect the received information (personal data, medical information, data which is strictly confidential in its own right nature and must be protected from unauthorized access).

### **Newsletter**

During the reporting period, the distribution of the anti-doping newsletter (two (2) newsletters per month) continued. The purpose of the newsletter is to intensify communication with interested parties in the sports community in Croatia.

### **Public relations**

The media play an extremely important role in conveying anti-doping information. Our cooperation with the Croatian media is good. After each press release, we answer questions from journalists regarding a published case, to the extent permitted by the provisions of the Code.

#### **4. INTERNATIONAL COOPERATION**

During 2020, Division for Anti-Doping participated in the following activities as part of international cooperation:

- Cooperation with the World Anti-Doping Agency (WADA)
- Cooperation with the Institute of National Anti-Doping Organisations (iNADO)
- Cooperation with Council of Europe's Anti-Doping bodies, Ad Hoc European Committee for the World Anti-Doping Agency (CAHAMA)
- Cooperation with Council of Europe's Anti-Doping bodies, Council of Europe's Advisory Groups (T-DO)
- Participation in activities of the Central European Anti-Doping Organization (CEADO); regular teleconferences were held due to the COVID-19 pandemic
- Supporting the Central State Office for Sports regarding the EU Working Party on Sport session (since July, 2020, the Central State Office for Sports is a part of the newly-organized Ministry of Tourism and Sports, under the name Office for Sports)
- Preparatory activities and participation in the WADA World Congress in Lausanne. The Congress was cancelled due to the COVID-19 pandemic; cooperation regarding Code implementation was conducted through web conferences and communication with WADA
- Preparatory activities and participation in the iNADO annual meeting and workshop in Lausanne, which were postponed from early 2020 to late 2020 due to the COVID-19 pandemic – held online
- Preparatory activities and participation in the meeting of the Working Group on Education (T-DO ED) in Nyon – the meeting was cancelled due to the COVID-19 pandemic
- Preparatory activities and participation in the meeting of the Ad Hoc European Committee for the World Anti-Doping Agency (CAHAMA) and Council of Europe's Monitoring Group (T-DO). In the first half-year, meetings were cancelled due to the COVID-19 pandemic. Online meetings were held in the second half-year.

- Preparatory activities and participation in the meeting of the UEFA for planning and implementation of the anti-doping program in cooperation between national football federations and national anti-doping organizations in Nyon – the meeting was cancelled due to the COVID-19 pandemic
- Participation in the international workshop “Sports Law”, organized by the Croatian Olympic Committee (February 11, 2020)
- Participation in the international seminar 'Why Does European Sport Need Skilled and Competent Coaches?' (February 27-28, 2020)
- Participation in the international workshop 'Results Management Training Warsaw' (February 26-28, 2020)
- Participation in the 4<sup>th</sup> Europactive Forum for Anti-Doping in Recreational Sport (November 12, 2020) – online participation
- Participation in the 7<sup>th</sup> International Conference on Novel Psychoactive Substances (November 18-19, 2020) – online participation
- Participation in the iNADO Workshop Session: Introducing IT-security Principles for ADOs – online participation
- Cooperation with the International Testing Agency in the field of education
- Cooperation with the Seibersdorf laboratory and participation in the Annual AD Symposium: “Risk Assessment and Covid-19: Are we really prepared?”, held online (November 23, 2020)

## 5. THERAPEUTIC USE EXEMPTIONS

During the reporting period, the work of the Therapeutic Use Exemption Committee was performed in accordance with the International Standard for Therapeutic Use Exemptions and the Therapeutic Use Exemption Rules.

During 2020, six (6) applications for Therapeutic Use Exemption were received. Of which:

- The Committee reviewed two (2) individual TUE applications (all were eligible under the TUE Guidelines).
- In four (4) cases of TUE applications, the conditions for reviewing the applications at the Committee session were not met.

A total of two (2) Therapeutic Use Exemptions were granted at the Committee sessions in 2020 - both retroactive (RA) TUEs. Unjustified TUE applications were resolved administratively, without convening Committee sessions.

*Table: Granted Therapeutic Use Exemptions*

Active Substance	Diagnosis	TUE Type
Dexamethasone	Allergic reaction	RA
Dexamethasone	Lumbago	RA

*Table: Denied Applications for Therapeutic Use Exemptions*

Active Substance	Diagnosis	TUE Type
-	-	-

*Table: Unjustified Applications for Therapeutic Use Exemptions*

Active Substance	Diagnosis	Reason
Methylprednisolone	Urticaria	International-Level Athlete
Dexamethasone	Drug-Induced Exanthem	Period Out-of-Competition
Dexamethasone	Cellulitis	Period Out-of-Competition
Salmeterol; Salbutamol; Fluticasone (inhalatory)	Asthma	Outdated medical records, local administration is permitted

All decisions of the TUE Committee from the reporting period have been entered into the ADAMS system and were thus made available to WADA and other authorized organizations. This ensures the transparency of the procedure for Therapeutic Use Exemptions and of the work of TUE Committee.

Regarding the entry into force of the General Data Protection Regulation (GDPR) on May 25, 2018, a system of secure electronic submission of TUE applications, i.e., via a “secure TUE portal”, was implemented, safeguarding the personal and confidential information of applicants as much as possible. In accordance with the updates of the security measures for the protection of such information, additional means for submitting TUE applications are available, such as registered mail and/or personal submission at the Division for Anti-Doping of the Croatian Institute of Public Health.

In 2020, all documents associated with the procedure for receiving and granting TUEs have been updated. In accordance with the International Standard for Therapeutic Use Exemptions, the new online form for TUE requests was published on the Division for Anti-Doping website. The website content related to granting of TUEs was also updated.

## **6. MEDICINE AND SCIENCE**

The Counselling Centre continued to provide services to athletes in competitive and recreational sports, medical staff in sports federations and clubs, occupational medicine and sports medicine specialists, physicians of other specialities involved in treating athletes, sports officials and other persons related to the problems of use of medications in sports.

The services of the Counselling Centre include:

- counselling about substances and methods that are prohibited in sport (counselling athletes, coaches, physiotherapists, physicians),
- inquiries and counselling other persons in the field of doping (parents of athletes, physical education teachers, pedagogues, fitness instructors, pharmacists, physicians, and other persons).

In 2020, numerous consultations were carried out through the work of the Counselling Centre for Anti-Doping and Rational Pharmacotherapy; inquiries by sports physicians, athletes and coaches concerning the use of medications and dietary supplements were answered. Most of the questions were related to the safety of taking various dietary supplements. The questions relating to medications included taking medications such as antibiotics, inhaled glucocorticoids, thyroid hormone replacement therapy, progestogens, analgesics, antihistamines, antihypertensives, proton pump inhibitors, antiepileptics, antidepressants, local decongestants, but also anabolic steroids, glucocorticoids, non-specific stimuli and cannabis.

## **7. PREMISES AND EQUIPMENT MAINTENANCE**

In 2020, necessary supplies (doping control kits, face masks, gloves, visors and contactless thermometers), and other necessary equipment were procured.